

Current Medication Options for Veterans Enrolled in MOVE!®

The National Pharmacy Benefits Management Services (PBM) has developed criteria for use (CFU) for weight loss medications. The CFUs include helpful information about indications for use, considerations for special populations, and renewal/refill criteria. A current listing of all available CFUs may be found here

<http://www.pbm.va.gov/PBM/clinicalguidance/criteriaforuse.asp>

CFUs were designed with the understanding that not all MOVE! programs have a physician assigned to them. As long as a Veteran is enrolled in MOVE! and meets the CFU, the prescriber could be his/her PCP, cardiologist, endocrinologist, etc. who is not affiliated with MOVE!

National PBM Drug Monographs are also available and provide more in-depth information about each medication (e.g., pharmacokinetics, efficacy, safety, contraindications, drug interactions, etc.). PBM Drug Monographs may be accessed at

<http://www.pbm.va.gov/PBM/clinicalguidance/drugmonographs.asp>

Following is a list of current FDA-approved weight loss medications with links to the CFUs and Drug Monographs developed by PBM:

1. orlistat (Xenical)

Criteria for Use:

http://www.pbm.va.gov/PBM/clinicalguidance/criteriaforuse/Orlistat_XENICAL_Criteria_for_Use_rev_Mar_2015.pdf

Monograph:

<http://www.pbm.va.gov/PBM/clinicalguidance/drugmonographs/Orlistat.pdf>

2. lorcaserin (Belviq)

Criteria for Use:

http://www.pbm.va.gov/PBM/clinicalguidance/criteriaforuse/Lorcaserin_CFU.doc

Monograph:

<http://www.pbm.va.gov/PBM/clinicalguidance/drugmonographs/LorcaserinMonograph.pdf>

3. phentermine/topiramate (Qsymia)

Criteria for Use:

http://www.pbm.va.gov/PBM/clinicalguidance/criteriaforuse/Phentermine_Topiramate_CFU.doc

Monograph:

<http://www.pbm.va.gov/PBM/clinicalguidance/drugmonographs/PhenterminTopiramateMonograph.pdf>

Two newer FDA approved weight management medications:

4. liraglutide (Saxenda)

Criteria for Use and Drug Monograph are in development by PBM and release is expected fall 2015.

5. naltrexone HCl/bupropion HCl (Contrave)

Criteria for Use and Drug Monograph are in development by PBM and release is expected fall 2015.

Please note: In order to guide you to the most up-to-date information, a listing of current FDA-approved weight loss medications and links to PBM documents will be maintained here and will replace Chapter 9 “Weight Loss Medications” in the MOVE! Reference Manual.