

Install Move! Coach - Quick Reference Guide

for Move! Coach v1

Before you start

Before Installing Move! Coach, you must have an iPhone or iPad that meets the following requirements:

- Must be Operating System iOS 6 or later
- The Move! Coach app will use 36 MB of app storage
- Recommend 10 MB available storage for the application data

From the Apple App Store

- 1. Start the App Store on your device**

Click on App Store icon from your home page or Launchpad on your device.
- 2. Search for the App**

Set the filter to “iPhone Only” and enter the search string “move coach” or “move! Coach” in the search box
(To see all Department of Veterans Affairs apps, search on US Department of Veterans Affairs)
- 3. Additional Filters**

If the application is not immediately visible, set the following other filters at the top of the App Store to find the Move! Coach app easier:

 - Confirm that the iPhone / iPad filter is set to iPhone Only. Although the application is optimized for the iPhone, Move! Coach can be run on the iPad as well.
 - Set the Any Price filter to Free. Move! Coach is a free app.
 - These two settings should bring the application to the top or near the top of your list
- 4. Install the App**

Select the “FREE” button next to the Move! Coach app, which will change the text to “INSTALL”.
Select the “INSTALL” button
If prompted for your iTunes password, enter the password
- 5. Run Move! Coach**

Select the “OPEN” button from the App Store OR
Return to your home page or Launchpad and select Move! Coach icon

From the iTunes Store

Find the App to
download

Use this link to find the app directly: <https://itunes.apple.com/us/app/id878356988?mt=8>