

MOVE! Implementation Tasks	
Project/Issue	Notes
<p><i>Assemble Multidisciplinary team:</i></p> <p>Should include: Primary Care Nursing and Medical Care Providers, Dietetics, Behavioral Health (psychologist, social worker, and/or psychiatrist), Physical Activity Specialists (e.g., PT, KT, OT, RT), CBOC representation</p>	
<p><i>Plan training:</i></p> <ol style="list-style-type: none"> 1. Have staff complete web-based training. 2. Consider having a mini "jump start" training session prior to implementation to allay fears, review processes, role responsibilities, etc. 3. Keep an inventory of trained staff/staff to be trained. 	
<p><i>Prepare logistically:</i></p> <ol style="list-style-type: none"> 1. Prepare to offer levels 1 and 2. 2. Distribute tasks among staff. 3. Determine patient flow. 4. Establish clinics for telephone f/u, group sessions. 5. Activate IT tools (clinical reminder, toolbar access for MOVE!23). 	
<p><i>Provide the following Level 1 and 2 services to all eligible veterans through primary care:</i></p> <ol style="list-style-type: none"> 1. Screen all veterans for overweight/obesity. 2. Assess eligibility for MOVE! participation. 3. Discuss risks of overweight/obesity and assess veteran interest –offer participation in the MOVE! Program. 4. Arrange for patient to complete the MOVE!23 questionnaire. 5. Review MOVE!23 reports with patient, assist patient with setting goals, arrange follow-up, offer level II participation if appropriate. 	
<p><i>Develop a MOVE! marketing plan:</i></p> <ol style="list-style-type: none"> 1. MOVE! brochure made available in patient waiting areas, exam rooms and other areas as deemed appropriate. 2. MOVE! poster prominently displayed in patient waiting areas and exam rooms. 3. MOVE! Public Service Announcements played on VATV. 3. MOVE! announcement included in "Hold" message of clinic phone lines. 4. MOVE! announcement included in appointment reminder letters/cards. 5. Links to MOVE! internet website on VISN and Facility websites (www.med.va.gov). <p>Many of these marketing materials will be available on the MOVE! intranet website (vaww.move.med.va.gov).</p>	