

Medications Can Cause Weight Gain

Here are examples of medicines that may cause you to gain weight:

- Anti-psychotic medications (prescribed for schizophrenia and other psychiatric disorders)
- Depression medications
- Diabetes medications
- Hormones
 - Birth Control
 - Hormone Replacement Therapies
 - Steroids



There may be alternatives for these medications. Talk to your primary care provider or pharmacist if you think your medicines may be causing you to gain weight.

Never stop taking a medicine without first talking to your healthcare provider, but do let them know about your concerns.

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